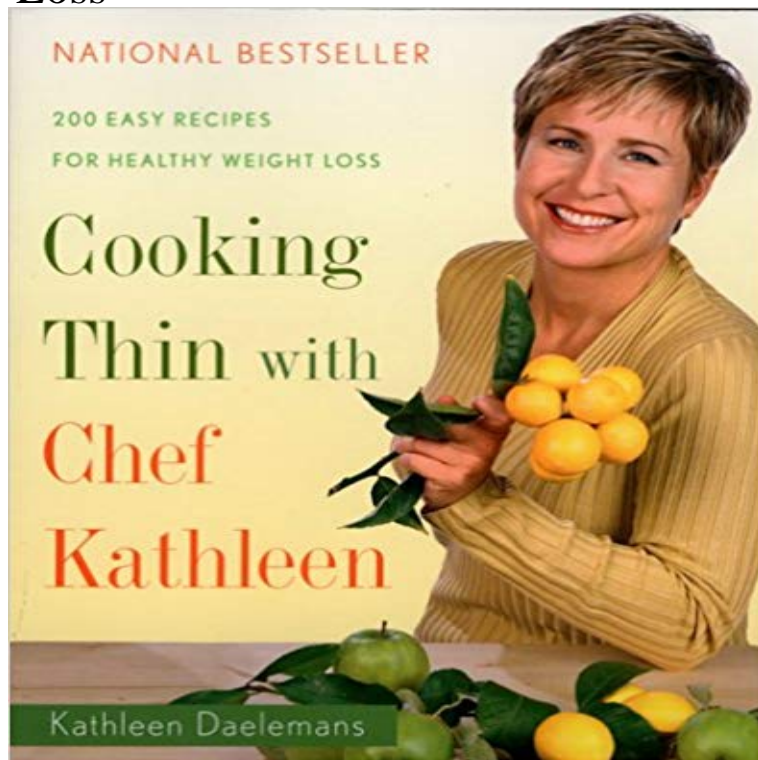


Cooking Thin With Chef Kathleen: 200 Easy Recipes for Healthy Weight Loss



Kathleen Daelemans's inspiring story is familiar to millions of readers and TV viewers. After creating a new cuisine for one of the world's most luxurious spas, the Grand Wailea, in Maui, Hawaii, she earned rave reviews from the New York Times, Bon Appetit, the Los Angeles Times, and Esquire. In the process, she herself lost 75 pounds, dropping all the way down from a size 22 to a trim and fit size 8. Now she tells how she did it, sharing tips and favorite recipes for her outrageously delicious food. Kathleen, who is a frequent contributor to NBC's Today Show, is also the author of *Getting Thin and Loving Food!*

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