

# Lets Get This Potty Started! The BabyShrinks Guide to Potty Training Your Toddler



Calling all parents who are about to embark on the wild adventure of potty training their child--this is your must-read! Anthony T. DeBenedet, MD Author and physician The thought of teaching a toddler to put their poopy in the potty can strike fear into the heart of even a seasoned parent. One thing is for sure: the advice and support you get along the way can make the difference between laughter and tears (and not just your child's!). Lets Get This Potty Started! is chock-full of grab-and-go tips, from common readiness signs, to strategies tailored for different kid-personalities and different sexes, to secret-weapon parenting scripts for tricky moments. Its also loaded with every potty training pun to make it fun for parents to read. It gives parents answers to common questions theyre sometimes afraid to ask: Do potty bribes really work? What about potty boot camps? And: Help! My son has to be potty trained by the time he enters preschool--what now? Theres no better guide to this major parenting rite of passage than Dr. Heather Wittenberg. Dr. Heather is a hands-on mom of four who also happens to be a psychologist and nationally recognized parenting expert--shes someone who really gets why you need to step outside and breathe, and she also has an arsenal of research-backed tips, tricks, and words of encouragement to help you keep your eye on the diaper-free prize. This clearly organized, easy-to-read potty-training road map is the first in a series of Dr. Heather e-books that combines developmental research and the know-how of a mom-in-the-trenches to help you sail over parentings most common hurdles. Remember, they dont call them milestones for nothing!

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